

The background of the entire image is a close-up, high-angle shot of water with intricate, shimmering ripples. The light reflects off the peaks of the waves, creating a complex, organic pattern of white and light grey lines against a darker, muted greenish-grey background. The overall effect is one of natural elegance and fluidity.

BELAVISTA

Ipanema Residencial





Illustrative image

YOUR NATURAL ELEGANCE
IMPRINTED INSIDE AND
OUTSIDE YOUR HOME.

EVENTS SPACE



Illustrative image

SWIMMING POOL

BODY AND MIND CONTEMPLATED WITHIN AN AREA
ENTIRELY DEDICATED TO RECHARGING YOUR ENERGIES.



SWIMMING POOL TERRACE

Illustrative image

BELAVISTA SPA – VITALITY CIRCUIT



- HIGH PRESSURE JETS AND STATIONARY SWIMMING POOL

The benefits of water and air are enhanced in an immersive experience in the heated pool, with high-pressure jets focused on the cervical region and calves, activating circulation and relaxing deep musculature, helping the lymphatic drainage, the elimination of toxins and pathological contractures.

- CONTRAST PLUNGE (contrast immersion)*

Considered one of the best recovery therapies for high-performance athletes, contrast immersion alternates hot (40°C) and cold (10°C) water at specific time intervals after exercise, helping to reduce fatigue, muscle pain and swelling. The maximum immersion time is 20 minutes, with 3 minutes in hot water and 1 minute in cold water, always ending with cold water. As this therapy is not suitable for everyone, it is essential to consult a doctor before doing it.

*Plunge refers to the two therapy tanks: cold and hot.

BELAVISTA SPA – RELAXING CIRCUIT

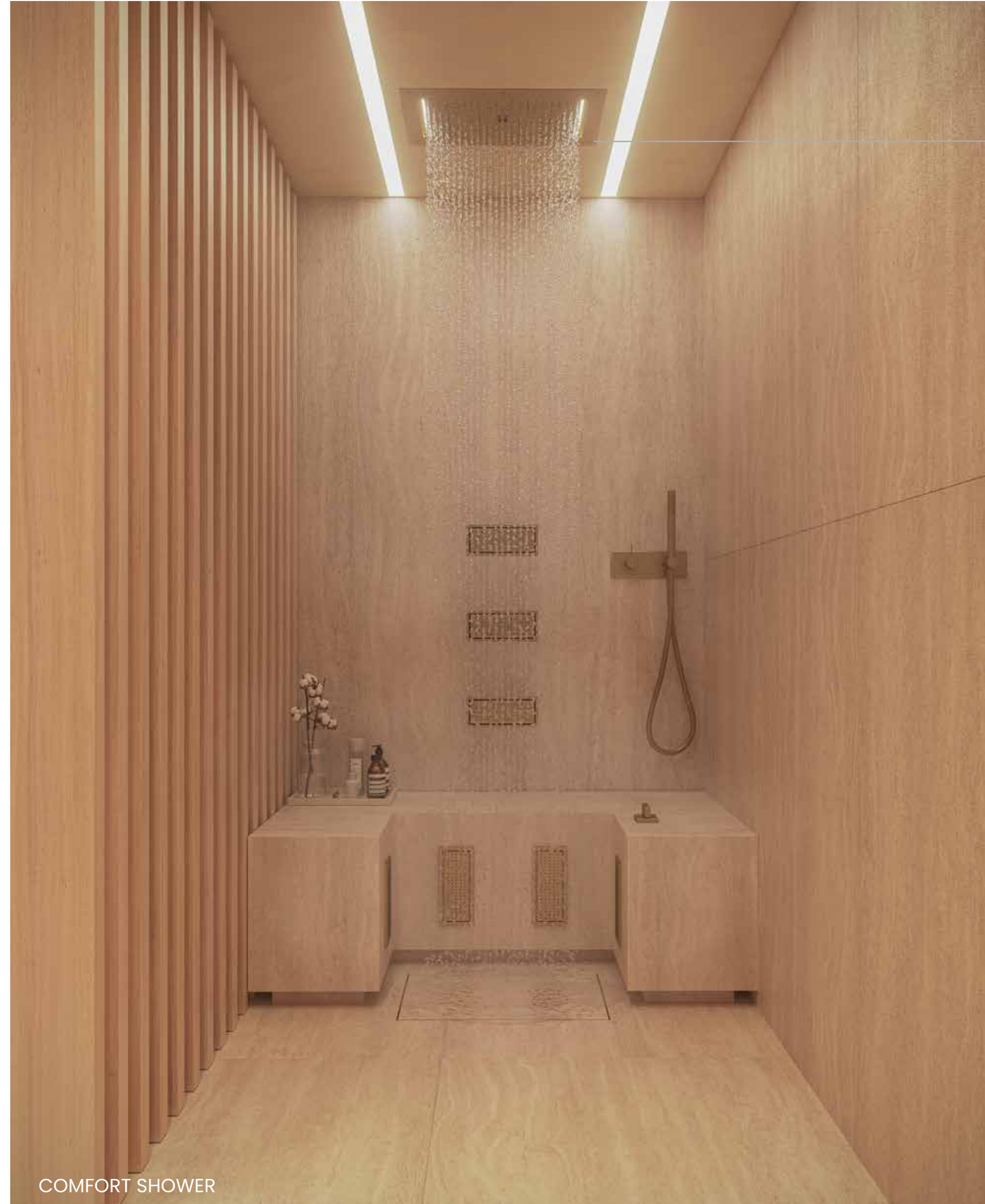


illustrative image

RELAXING CIRCUIT

The therapies indicated in the design of the common areas of this development are subject to modification depending on the technologies, equipment and suppliers available on the Brazilian market at the time of their implementation, and may, if necessary, be replaced by other therapies.

BELAVISTA SPA – RELAXING CIRCUIT



COMFORT SHOWER

• COMFORT SHOWER

With jets directed to the neck, shoulders, lower back, legs and feet, this therapy combines heat and pressure for high-performance athletes, stimulating blood and lymph circulation, eliminating toxins and promoting flexibility, reducing pain and muscle stiffness



SAUNAS

• DRY SAUNA WITH INFRARED

At temperatures of 60°C to 80°C, the sauna stimulates circulation, eliminating toxins and reducing pain and muscle inflammation. It promotes deep relaxation, improves sleep and relieves chronic fatigue.

• WET SAUNA

With temperatures between 40°C and 50°C, the wet sauna relaxes, relieves muscle pain, opens the pores to eliminate toxins, increases the permeability of the skin and hair and improves breathing. It also promotes better sleep and deep relaxation.

Illustrative images



illustrative image

YOUR RELAXATION IS
ALSO A PRIORITY.

MASSAGE ROOM

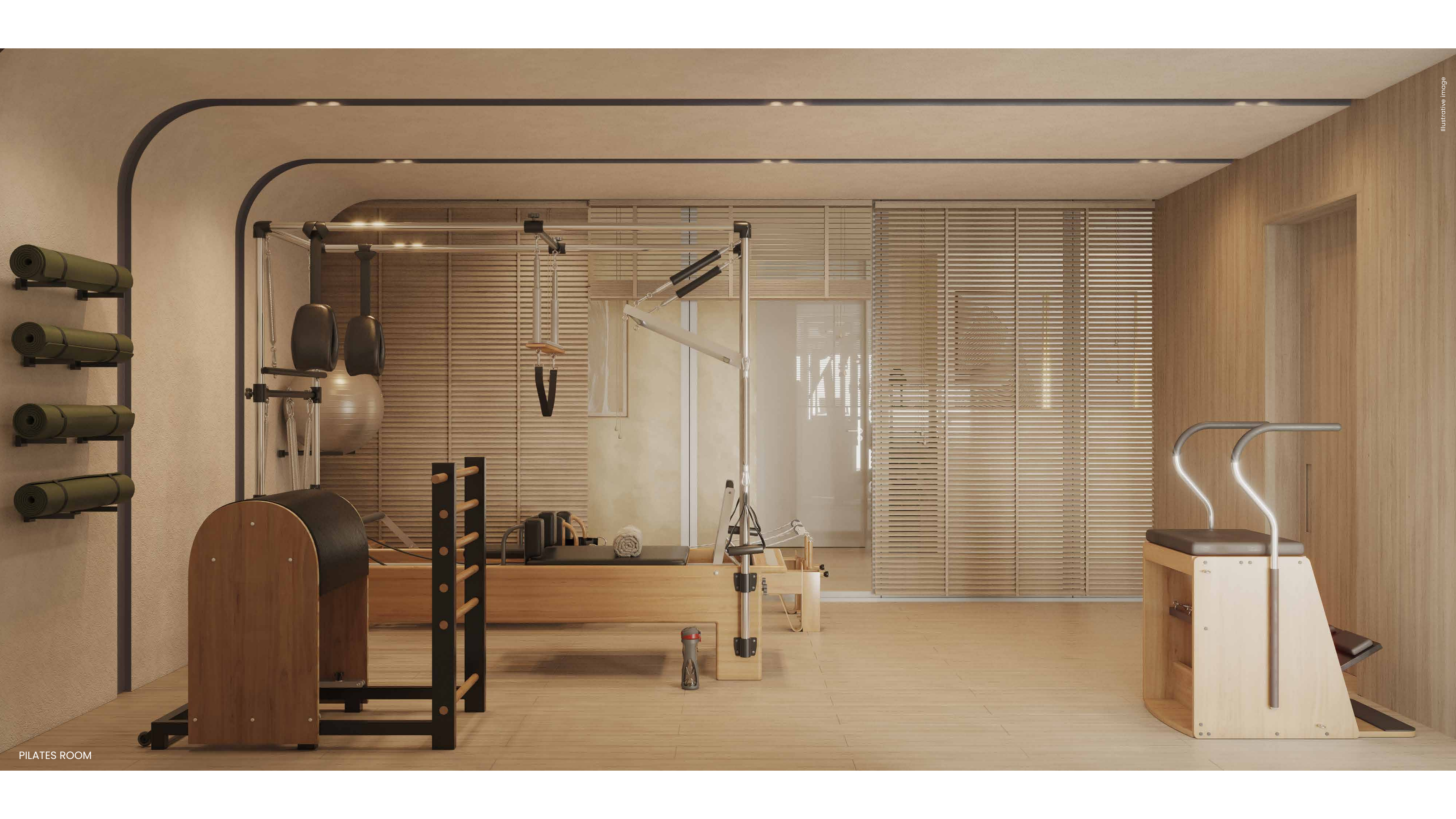
A space reserved for various massage treatments, with the infrastructure to receive external professionals according to the resident's preference.



Illustrative image

GYM BY **bt** bodytech

Space offering cardio and bodyweight training areas.



PILATES ROOM



Illustrative image

KID'S SPACE

Illustrative Image



YOUR FAMILY'S WELL-BEING AT
THE HEART OF EVERYTHING.

KID'S SPACE DETAIL